Case Report

Reconstruction sequence and microsurgery in ectrodactyly-ectodermal dysplasia-cleft lip/palate syndrome: a case report

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ABSTRACT

Ectrodactyly-ectodermal dysplasia-cleft lip/palate syndrome (EEC), is a rare entity characterized by alterations in the skin, hair, nails, apocrine glands and teeth, associated with dimorphisms in extremities and midface dysplasia. It is attributed to a mutation in the p63 gene. These patients require multiple surgical procedures to achieve functional goals. We present the surgical sequence of the interdisciplinary management performed on a patient diagnosed with this syndrome and the functional results obtained. A 5 months old female patient presented to our service with a suspected EEC syndrome. We present the case and the surgical procedures performed to achieve functional results. EEC syndrome is a low frequency patology which requires specialized surgical procedures of different kinds. Different surgical methods and techniques should be considered, due to the number and complexity of the malformations, which is why all human and technical resources must be available for its proper treatment.

Keywords: Ectrodactily, Ectodermic dysplasia, Cleft lip, Cleft palate, Lobster hand

INTRODUCTION

Ectrodactyly-ectodermal dysplasia-cleft lip/palate syndrome (EEC syndrome), is a rare entity characterized by alterations in the skin, hair, nails, apocrine glands and teeth, associated with dimorphisms in extremities and midface dysplasia.1

To date, approximately 300 cases have been reported in the literature, and it is attributed to a mutation in the p63 gene, which leads to a blockage in cell signaling that does not allow adequate interaction between the ectoderm and the mesenchyme, resulting in abnormal morphogenesis.1-3

In the surgical management of these patients, even when the procedures performed may be like their nonsyndromic presentations, the presence of ectodermal dysplasia increases the risk of complications, and it may be necessary to perform multiple additional secondary procedures to achieve the desired functional goals.1

We present the surgical sequence of the interdisciplinary management performed on a patient diagnosed with this syndrome and the functional results obtained.

CASE REPORT

A female patient with prenatal diagnosis of cleft lip and palate by ultrasonography, pregnancy of 39 weeks of gestation, birth by cesarean section.

On physical examination, she presented a right unilateral cleft lip and a complete cleft palate (Figure 1), complete syndactyly between first and second finger, with agenesis of the third finger in the right hand (Figure 2), agenesis of the middle and distal phalanx of the second left toe, hypoplasia of first and second metatarsals, agenesis of the second and third toes, hypoplasia and clinodactyly of the right first toe (Figure 3). She was evaluated by the clinical genetics service, who suspected that the patient had clinical findings of EEC syndrome and requested
TP63 gene sequencing, being positive for variant c.952c>T (p. Arg318Cys) confirming the diagnosis.

Figure 1 (A and B): Cleft lip and palate.

Figure 2 (A and B): Syndactyly of the 1st and 2nd finger, and agenesis of the 3rd finger of the right hand.

Figure 3 (A and B): Ectrodactyly in the feet.

At 5 months of age, a right unilateral cheiloplasty was performed with the modified Millard technique, 5 months later a palatorrhaphy was performed with the Bardach technique.

At 21 months, limb malformations were corrected: in the left foot, resection of the 2nd ray and closure of the interdigital space: Taking advantage of the excessive skin, a free skin flap was designed based on the 1st dorsal metatarsal artery, in order to transfer it to the right hand, and a tendon transfer of the extensor of the remnant of the second toe to the hallux to correct its wrong position (Figure 4).

In the right foot, a capsulotomy of the first metatarsal and osteotomy of the third was done to close the cleft due to agenesis of the 2nd and 3rd fingers (Figure 5).

In the right hand, correction of syndactyly and release of the first interdigital space, with a resultant significant deficit of skin to be covered, for which a previously raised free skin flap was transferred from the left foot, performing microsurgical anastomoses to radial vessels (Figure 6).

Figure 4 (A and B): Resection of the 2nd ray, dorsal skin flap and tendinous transfer in the left foot.

Figure 5. Closure of the cleft and correction of clinodactyly in the right big toe.

In the postoperative controls, adequate healing of the lip and palate and the achievement of functional objectives.
with and adequate gait and use of the right hand in daily activities was evidenced (Figure 7).

**DISCUSSION**

The EEC syndrome is a congenital disease of an autosomal dominant nature, with low penetrance and variable expressiveness, with an approximate incidence of 1/50,000 live births. The first case of a patient with ectrodactyly was described by Eckholdt and Martens in 1804, but it was not until 1970 that Rudiger et al coined the name. In 98% of the patients, a heterozygous mutation has been identified in the expression of the Tp63 protein, also known as p63, which produces a blockage in the signaling pathway of nuclear factor kappa-beta that affects the interaction between the ectoderm and the mesoderm, thus leading to an alteration of normal morphogenesis. The 50% of the cases occur by inheritance, in the others by spontaneous mutations. There are two forms of presentation of the entity, the first with a cleft lip with or without affection of the palate and the second only with a cleft palate.

Ectodermal dysplasia groups more than 200 entities, finding an abnormal development of at least two tissues derived from the embryonic ectoderm. Patients present with thin skin with hyperkeratosis foci, scant hair, thin and hypopigmented hair, anodontia, hypodontia or absence of tooth enamel, and apocrine gland alterations may be present.

Ectrodactyly also known as lobster claw hands and feet affects 85% of patients. It is pathognomonic of the disease and is characterized by absence of the 3rd ray and syndactyly between the 1st-2nd and the 4th-5th finger. It may present in a typical way (Type I) with the absence of one or two medial rays, with rays surrounding the fissure with normal appearance, or type II or atypical with all rays affected. Syndactyly can be incomplete or complete if it reaches the distal phalanges, simple or complex if it presents bone fusion between the fingers, or complicated if it is associated with another abnormality such as polydactyly, symphalangism, brachydactyli, or compromises muscle-tendon or neurovascular boundle.

Cleft lip/palate is present in 86% of patients. A complete and wide cleft lip, protrusion of the premaxilla, hypoplasia of the columella and hypoplastic pro-lip are usually present. Maxillary hypoplasia is found as a consequence of ectodermal dysplasia, especially due to dental alterations which make orthodontic and orthognathic procedures difficult.

Other frequently encountered findings are alterations in the lacrimal tract that can lead to corneal ulceration, keratitis, blepharitis, blindness, alterations of the genital tract and hearing loss.

For cleft lip/palate correction, complications may occur more frequently due to the multiple factors that affect the oral cavity, such as decreased salivation, missing teeth,
and cavities intensified by the absence of enamel. The correction of the hands and feet is aimed at functional improvement, rather than aesthetics, correcting cleft and digital deformities.\cite{11} The correction of the deformity in the hands is also aimed at achieving an anatomical orientation that allows an adequate grip. Netcher et al propose objectives that allow the above, seeking to maintain a thumb and at least two ulnar fingers that allow fine dexterity, or at least one of the radial or ulnar fingers mobile with a stable opposition, and achieve, as far as possible, a good sensitivity of fingertips.\cite{14}

Horta et al propose an algorithm that allows selecting the most viable free flap according to the defect to be repaired likewise Javaid et al reported a series of cases where simple and compound free flaps were used to cover bloody areas on the back of the hands, obtaining good results.\cite{15,16}

In this clinical case, a patient with EEC syndrome is described, who presents multiple of its clinical characteristics and a confirmed diagnosis by genetic sequencing. A previously planned sequence of multiple surgical procedures were performed by a multidisciplinary team, obtaining good functional and aesthetic results.

**CONCLUSION**

The EEC syndrome is an entity that occurs with low frequency. It requires specialized surgical procedures of different kinds, where possible complex anatomical alterations must be considered for its reconstruction and the higher incidence of complications due to ectodermal dysplasia.

Different surgical methods and techniques should be considered, due to the number and complexity of the malformations, which is why all human and technical resources must be available for its proper treatment.

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**REFERENCES**


